

## **IST DIES MEIN PLATZ? - a Workshop invitation**

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Carlota Matos (she/her) is a Portuguese theatre artist based in Bristol, UK, who is currently on a 2-week residency at Staatstheater Mainz. Carlota is researching barriers that people may experience in accessing theatre and culture - due to language, disability, mental ill-health, socio-economic situation, underrepresentation, or others. She invites you to join her for a Workshop exploring how we can make the theatre more inclusive.

### **When is it?**

Please join us on Monday 24 April between 12:00-14:00 or 18:00-20:00. There is no need to sign up, feel free to just turn up at either time.

### **How do I get there?**

Staatstheater Mainz is located on Gutenbergpl. 7, 55116 Mainz. The nearest bus stop is Höfchen / Listmann or Schillerplatz if you are coming by tram. There is a paid car parking next to the theatre at Kronberger Hof.

### **What will happen?**

We will meet at the entrance to Großes Haus for both workshops (main entrance at Gutenbergplatz, see photo). If you are arriving after the start time (12:00 or 18:00), please call the number on the door. As part of the workshop, we will get to know each other and look around the Theatre spaces, creatively exploring what makes us feel welcome and unwelcome. You are encouraged to attend for the 2 hours, but you can leave at any time during the session. There will be a break halfway through when we will provide refreshments.



Main entrance (Großes Haus) - meeting point

### **What access support is available?**

All spaces are wheelchair accessible and there will be translation from English to German available. There will be games and practical activities so if you are not confident in speaking English or German, you will still be able to join in. If you require DGS interpretation, please let us know in advance by emailing Carlota ([carlotamatos.contact@gmail.com](mailto:carlotamatos.contact@gmail.com)) or calling +49 6131 2851 176 (only available Mon-Fri 10:00-13:00). We want this workshop to be as accessible as possible so if there is anything we can do to make it easier for you to attend, or if you need any further information, please don't hesitate to contact us.

### **Why should I come?**

We need your help in making the theatre more inclusive and we believe in the importance of hearing from people with lived experience of potential barriers. Staatstheater Mainz is at the start of its journey to becoming more accessible, which is why we are excited about hosting Carlota and learning from the outcome of her residency. Carlota is interested in exploring creative ways of integrating access in productions and opening up the theatre to people who think it is not for them. In her practice, she has been dedicated to breaking down barriers and increasing representation on and off stage, especially for migrants and disabled people.

Find out more about Carlota and the project Future Laboratory: [www.futurelaboratory.eu](http://www.futurelaboratory.eu)